

## Health History Questionnaire

This questionnaire must be completed before your physical exam or before your provider can sign any activity/camp/sports forms.

Name of Child: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Check "Yes," "No," or "Unsure" for the following questions. Explain all "Yes" responses in the space provided below.

	Yes	No	Unsure
1. Injury or illness since last checkup?			
2. Chronic illnesses, hospitalizations, or surgeries?			
3. Any medications or supplements of any type? (List with dosage)			
4. Allergies to medications, insects, or food?			
5. Passed out or nearly passed out DURING or AFTER exercise?			
6. Chest discomfort, pain, tightness, or pressure during exercise?			
7. Heart races or skips beats (irregular beats) during exercise?			
8. Light-headed or more short of breath than expected during exercise?			
9. Heart problem such as high blood pressure, high cholesterol, Kawasaki disease, heart murmur, or heart infection?			
10. Test for the heart ordered by a doctor (e.g., EKG or echocardiogram)?			
11. Unexplained seizure?			
12. Family member died of heart problems or sudden death before age 50?			
13. Family history of hypertrophic cardiomyopathy, arrhythmogenic right ventricular cardiomyopathy, Marfan, long QT, or Brugada syndrome?			
14. Family member with heart problem, pacemaker, or implanted defibrillator?			
15. Family member with unexplained fainting, seizures, or near drowning?			
16. Ever restricted from sports by a physician?			
17. Concussion, knocked out, memory loss, or severe/frequent headache?			
18. Stinging, burning, pinched nerve, numbness or tingling in extremities?			
19. Problems while exercising in the heat?			
20. Any skin problems?			
21. Asthma, allergies, wheezing, or difficulty breathing?			
22. Special equipment or devices not usually used in your sport?			
23. Glasses, contacts, vision, or eye problems?			
24. Strain, sprain, fracture, joint pain, or swelling?			
25. Under the care of any other physician or specialist?			
26. Any other major health conditions or problems?			

Explain all "Yes" responses here: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

When was your last period (if applicable)? \_\_\_\_\_

Do you have concerns about periods? \_\_\_\_\_

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of parent/guardian  
if patient is under 18

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Date